



# Friday Fast

For Life, Marriage & Religious Liberty

## March 14: Second Friday of Lent

### Intention:

Marking the one-year anniversary of Pope Francis' election this week, we pray that we may follow his humble example and better love "our brethren, especially the weakest and neediest" ([Pope Francis, April 24, 2013](#)).

### Did you know?

The Vatican website features an [online book of images and quotes](#) from Pope Francis over the last year.

### Quick Links

- ⇒ [Call to Prayer Facebook page](#)
- ⇒ [Join the movement! \(Video\)](#)
- ⇒ [Past weekly intentions and reflections](#)

### Reflection:

A year ago this week, Pope Francis captivated the world almost immediately with his humble simplicity, charisma and warmth. Throughout the past year, he has continued to teach us both by his example and his words, inspiring us to look beyond ourselves and encouraging us to "go in search of the people who are the very flesh of Christ" ([Vigil of Pentecost, 2013](#)).

In the [message from Pope Francis for last year's Day of Life](#), we are reminded that "even the weakest and most vulnerable, the sick, the old, the unborn and the poor, are masterpieces of God's creation, made in his own image, destined to live for ever, and deserving of the utmost reverence and respect."

Let us ask the Lord how He is calling us to love all of our brothers and sisters, especially the weakest and neediest, and follow where He leads.

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