



Friday Fast

For Life, Marriage & Religious Liberty

March 21: Lent Edition

Intention:

We pray for all fathers, that through the example of St. Joseph, they may fully embrace their vocation and accept the privilege and responsibility of caring for their children as St. Joseph cared for Jesus.

Did you know?

Pope Francis has a deep devotion to St. Joseph. Last year, he chose the Solemnity of St. Joseph as the date for his inaugural Mass. A sign of Pope Francis' devotion to this Saint can be seen on his [coat of arms](#). Next to the star representing Mary is the spikenard flower, which is often used to represent St. Joseph.

Quick Links

- ⇒ [Call to Prayer Facebook page](#)
- ⇒ [Join the movement! \(Video\)](#)
- ⇒ [Past weekly intentions and reflections](#)

Reflection:

On Wednesday, we celebrated the Solemnity of Saint Joseph. In his Apostolic Exhortation, "[The Guardian of the Redeemer](#)," John Paul II referred to St. Joseph as "the guardian and cooperator in the providential mystery of God (no 14)." He explained that together with Mary, Joseph was the first guardian of Christ: "St. Joseph was called by God to serve the person and mission of Jesus directly through the exercise of his fatherhood (no 8)."

It is interesting to note that St. Joseph's fatherhood and specific role in the plan of salvation would not have been possible apart from his marriage to Mary: "Joseph's fatherhood - a relationship that places him as close as possible to Christ... comes to pass through marriage to Mary, that is, through the family (no 7)." Let us pray that every husband and wife will be brought closer to Christ through their marriage to one another.

A further reflection on St. Joseph's participation in the plan of salvation can be found [here](#).

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