

What is Our Faith? What Do Catholics Believe?

Creeds of the Catholic Church

The Creeds of Our Life

- . A little history*
- . a "timone" question*
- . ReCiL - Reclaiming Christ in Life*
 - . My Story-Your Story*

A Guide to Creating Your Creed

- . What are your beliefs?*
- . What do you believe?*
- . How does what you believe orchestrate your life?*
- . How does anyone know?*

Your Creed

- . What are your non-negotiables?*
 - . based on your beliefs*
 - . What/Whom is guiding you?*
- . List your beliefs, what you believe, your non-negotiables*

Checking Your Creed

Go into the Desert

In this Desert we continuously strip away interferences/blockages/debris

Detox distilling purifying

juices = prayer

fruits = reflection

vegetables = journaling

fast from distraction

crazy music

stupid TV

draining people/situations

*Does Your Living Reflect What You
Believe?*