



# Diocesan NFP Program Couple/Client NFP Education Assessment

Form B

NFP Program, Secretariat for Laity, Marriage, Family Life and Youth, United States Conference of Catholic Bishops; 3211 4th St., NE, Washington, DC 20017; 202-541-3240; 202-541-3176 FAX; nfp@uscgb.org.

(Arch)Diocese: \_\_\_\_\_ Date: \_\_\_\_\_

## Standards for Diocesan NFP Ministry, Section III

Each section and letter in this form corresponds to the same section and letter in Section III of the Standards for Diocesan NFP Ministry. Please use the Standards to complete this form. A separate completed form should accompany each curriculum and couple/client materials used in the diocesan NFP program. Read each item carefully, follow its instruction and answer accordingly.

In order to ensure that the review progresses smoothly, please be clear in each response. If assistance is needed, contact the NFP Program at [nfp@uscgb.org](mailto:nfp@uscgb.org); 1-202-541-3240.

### Part I—Overview

Name of NFP Curriculum: \_\_\_\_\_

Complete the following statements by checking all that apply:

This NFP client education curriculum is provided through

- on-site classroom instruction.
- on-site private instruction.
- a combination of on-site classroom and private instruction.
- distance education via Internet.
- distance education via U.S. postal system.
- a combination of distance education via Internet and U.S. postal system.

This NFP curriculum provides the NFP teacher with

- a teacher's manual.
- PowerPoint slides.
- a client's manual/book, etc.
- the e-mail address of a curriculum staff person who will provide assistance to the teacher and/or client.
- a curriculum web address for access to additional electronic NFP education.
- a phone number of a curriculum staff person who will provide assistance to the teacher and/or client.
- supplemental client NFP resources (e.g., brochures, booklets, CDs, DVDs, etc).

This NFP curriculum is offered in the following languages (*please list languages here*) \_\_\_\_\_

**Part II—Content**

A. Read Section III. A. List the number of required couple/client contact sessions and individual follow-ups with chart review until client autonomy is reached.

Number of couple/client contact sessions: \_\_\_\_\_

Number of individual NFP follow-ups with chart view: \_\_\_\_\_

*Use the space below if an explanation is needed:*

*Directions for B. 1-9. In the space provided on the right, indicate page number(s) in the NFP curriculum or web address if the curriculum is web-based. If other sources are used, provide title of book and page number(s) or name of article with page numbers, etc., where each subject is treated.*

**STANDARD**

**SECTION OF CURRICULUM**

B.1 Integration of Catholic teaching on . . . .	
human sexuality	
the sacrament of marriage	
conjugal love	

responsible parenthood	
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<b>STANDARD</b>	<b>SECTION OF CURRICULUM</b>
B.2 Presentation of couple fertility which describes male and female reproductive anatomy and physiology.	
Presentation of the role and pattern of basal body temperature, cervical mucus, cervical changes, and other symptoms of the female fertility cycle.	
B.3 Information on how to observe, chart, and interpret the sign(s) of fertility on a daily basis so as to correctly identify the days and patterns of fertility and infertility.	
B.4 Explanation of guidelines for both achieving and avoiding pregnancy.	
B.5 Instruction that abstinence from genital contact and sexual intercourse during the fertile phase of the cycle is the means to avoid pregnancy.	

STANDARD	SECTION OF CURRICULUM
B.6a Discussion of the importance of couple motivation and communication.	
B.6b Explanation of the importance of the couple's ongoing discussion of their family planning intention.	
B.6c Explanation of the importance of the couple's acceptance of their combined fertility.	
B.7 Discussion of factors which may affect the interpretation of the signs of fertility.	
B.8 Explanation on the need for additional instruction or referral for special situations such as: difficulties in achieving pregnancy or anovulatory patterns which may result from breast-feeding or perimenopause, post-chemical and/or mechanical contraceptive use, or miscarriage/abortion.	
B.9 Information on the principles that support anovulation during breastfeeding and the benefits of breastfeeding for the health of both baby and mother	

B.10 Discussion of the benefits of NFP	
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**Part III—Client Follow-Up**

*Directions for C.1-6. Check “YES” or “NO” to answer the following statements.*

Couple/client follow-up:

- |  |           |          |
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| C.1 includes at least two personal chart reviews with appropriate documentation.   | _____ YES | _____ NO |
| C.2 requires appropriate follow-up until the couple/client reaches autonomy.   | _____ YES | _____ NO |
| C.3 includes assessment of the couple/client’s progress in:  |           |          |
| a. observing, correctly charting, and interpreting daily the sign(s) of fertility  | _____ YES | _____ NO |
| b. recognizing and understanding the days of fertility and infertility in the cycle and any change in the fertility pattern    | _____ YES | _____ NO |
| c. following method instruction according to their family planning intention   | _____ YES | _____ NO |
| d. integrating periodic abstinence in their lives  | _____ YES | _____ NO |
| e. gaining confidence in and satisfaction with their use of NFP.   | _____ YES | _____ NO |
| C.4 provides instruction on the need to record and classify the occurrence of pregnancies.                                     | _____ YES | _____ NO |
| C.5 provides instruction on the recording of discontinuation of instruction prior to autonomy.                                 | _____ YES | _____ NO |
| C.6 includes instruction of the need to make appropriate medical, psychological, educational, or pastoral referrals as needed. | _____ YES | _____ NO |