



Diocesan NFP Teacher Self-Study

NFP Program, Secretariat for Laity, Marriage, Family Life and Youth, United States Conference of Catholic Bishops; 3211 4th St., NE, Washington, DC 20017; 202-541-3240; 202-541-3176 FAX; nfp@uscgb.org.

Standards for Diocesan NFP Ministry—Section II

Forms C and D are used to evaluate the NFP teacher. The purpose of these forms is to evaluate the NFP teacher according to Section II of the Standards for Diocesan NFP Ministry. This process gives both the diocesan NFP coordinator and the teacher a means to assess the teacher's capabilities, discover strengths, and acknowledge areas that need development.

Each section and letter in Form C corresponds to the same section and letter in Section II of the Standards. Form C is completed by the NFP teacher.

Read each item carefully, follow its instructions and where requested, attach the appropriate documentation. Once completed, the teacher should retain a copy of Form C and send the original to the diocesan NFP coordinator requesting that a date be selected for a meeting where the contents of this self-study will be reviewed and discussed. Upon a satisfactory evaluation by the diocesan NFP coordinator, a teacher observation is next scheduled. Form D is used for the NFP teacher observation.

In order to ensure that the review progresses smoothly, please be clear in each response. If assistance is needed, contact your diocesan NFP coordinator. Further assistance can be found at the USCCB NFP Program at nfp@uscgb.org; 1-202-541-3240.

General information

Candidate's Name: _____

(Arch)Diocese: _____

List the NFP teacher training program(s) that have awarded you certification (include the current date(s) of certification).

Name	Date of Certification
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Contact information

Mailing address: _____

Phone: _____ E-mail: _____

The Diocesan NFP Teacher's Philosophy

Section II, Standards for Diocesan NFP Teachers. The diocesan NFP teacher . . .

- A. Strives to maintain a lifestyle consistent with Catholic moral teaching
- B. Accepts and integrates in his/her teaching the principles of Catholic teaching on human sexuality, marriage and family life, conjugal love, and responsible parenthood
- C. Uses and/or philosophically accepts NFP and does not use any form of contraception
- L. [Does] not recommend or refer couples/clients for contraception, sterilization, abortion or reproductive technologies that separate the unitive and procreative nature of intercourse

Read and reflect upon the above standards; then, read and sign the following statement.

"I (*print name*) _____, NFP teacher of the (*write name of*

NFP method here) _____, accept and promote Catholic teaching on human sexuality, marriage and family life, conjugal love and responsible parenthood as articulated in the magisterial documents of the Catholic Church. I do not recommend or refer couples/clients for contraception, sterilization, abortion, or reproductive techniques that separate the unitive and procreative nature of intercourse."

(*NFP teacher's signature*)

(*Date*)

Professionalism and the Diocesan NFP Teacher

Section II, Standards for Diocesan NFP Teachers. The diocesan NFP teacher . . .

- E. Meets the standards of the local diocesan NFP program, and works in harmony with its policies and staff
- J. Demonstrates respect for other NFP methods and is willing to refer couples/clients to them when appropriate
- K. Maintains client confidentiality
- P. Ensures program quality by
 - 3. cooperating with the local diocesan NFP program's periodic assessment of its teachers
 - 4. providing data for the periodic diocesan report to the NFPP
 - 7. committing to an initial service period with subsequent offers to teach and provide follow-up for a minimum number of couples/clients or classes per year.

Read and reflect upon the above standards. Complete the following section.

E. Complete the statement below:
I meet the standards of the local diocesan NFP program and work in harmony with its policies and staff by (*provide at least two examples*)

J. Complete the following statement:
An example of how I demonstrate respect for other NFP methods and am willing to refer couples/clients to them when appropriate is

K. Complete the following statement:
An example of how I maintain client confidentiality is

P.3. Answer the following:
“Do you cooperate with the local diocesan NFP program’s periodic assessment of its teachers?”
(Check one)

_____ YES _____NO

If, “NO,” attach a strategy for improvement.

P.4. Answer the following:
“Do you provide data for the periodic diocesan report to the NFPP?” (Check one)

_____ YES _____NO

If, “NO,” attach a strategy for improvement.

P.7. Complete the following statements:
In the diocesan NFP program, I have committed to an initial service period of (*provide length of time here*) _____

In the diocesan NFP program I have agreed to teach _____ number of couples/clients per year.

Or

In the diocesan NFP program I have agreed to teach _____ number of NFP sessions per year.

The Diocesan NFP Teacher's Knowledge and Practice

Section II, Standards for Diocesan NFP Teachers. The diocesan NFP teacher . . .

- D. Has completed a *Standards* Approved NFP teacher training program and the *Standards* certification process
- F. Is capable of teaching NFP as it pertains to all phases of the reproductive life cycle
- G. Uses a diocesan approved teaching format, curriculum, and materials (see Section III)
- H. Uses effective teaching and communication techniques
- I. Is proficient in teaching at least one method of NFP
- M. Demonstrates respect for couples/clients
- N. Has a basic knowledge of couple communication skills as they relate to learning NFP
- O. Understands the physical, emotional and spiritual aspects of human sexuality
- P. Ensures program quality by
 - 1. providing instruction and follow-up in accord with the standards of the local diocesan program
 - 2. maintaining confidential client records concerning personal background, instruction, and follow-up, in accord with the local diocesan NFP program
 - 5. attending annually at least one NFP function sponsored by the local diocesan NFP program
 - 6. participating in appropriate continuing education and ongoing self-evaluation

Read and reflect upon the above standards. Answer the following.

- D. Have you been certified to teach your method of NFP by a teacher training program that has been Approved according to the *Standards for Diocesan NFP Ministry (for the list of Approved NFP Teacher Training Programs, contact the NFP Program; 202-541-3192; nfp@usccb.org)? (Check one)*

_____YES _____NO

If "NO," do you have a plan to obtain certification from an Approved NFP teacher training program?
(Check one)

_____YES _____NO

If "NO," **STOP HERE**, you will not qualify for Certification under the *Standards for Diocesan NFP Ministry*.

F. Check each type of reproductive situation you have managed with your clients (*check all that apply*):

_____ Achieving pregnancy

_____ Avoiding pregnancy

_____ Perimenopause

_____ Postpartum (not breast-feeding)

_____ Breastfeeding

_____ Post-miscarriage

_____ Continuous discharge

_____ Post-hormonal contraception

_____ Difficulty achieving pregnancy

_____ Infertility

_____ Other (*please explain briefly below*)

G. Have your NFP client/couple curriculum and materials been approved by the diocesan NFP coordinator for use in the diocese? (*Check one*)

_____ YES _____ NO

If, "NO," please attach a plan for improvement.

H. In the space below, describe how you use effective teaching and communication techniques when teaching NFP.

I. How long have you been teaching at least one method of NFP? _____

Does the NFP teacher training program that certified you require re-certification? (*Check one*)

_____YES _____NO

Does the NFP teacher training program that certified you require on-going continuing education? (*Check one*)

_____YES _____NO

Complete this statement:

I maintain proficiency in teaching NFP by

M. Complete this statement:

I demonstrate respect for NFP couples/clients by (*provide at least two examples*)

N. Explain how, in your teaching of NFP, you apply basic knowledge of couple communication skills as they relate to learning NFP.

O. Have you studied the physical, emotional, and spiritual aspects of human sexuality? (*Check one*)
_____YES _____NO

If "YES," explain how you apply this understanding to teaching NFP:

If "NO," attach a strategy for improvement.

P. Answer the following questions:

1. Do you provide instruction and follow-up in accordance with the standards of the local diocesan program? (*Check one*)

_____YES _____NO

2. Do you maintain confidential client records concerning personal background, instruction, and follow-up, in accordance with the local diocesan NFP program? (*Check one*)

_____YES _____NO

5. Do you annually attend at least one NFP educational function sponsored by the local diocesan NFP program? (*Check one*)

_____YES _____NO

P.6. Complete the following:

List three examples of how you have obtained appropriate continuing education to ensure NFP program quality in your teaching

1. _____

2. _____

3. _____

Describe the type of ongoing self-evaluation that you have experienced:

Complete this section after the review meeting with the diocesan NFP coordinator.

_____ and _____
(Print name of NFP teacher) (Print name of NFP Diocesan Coordinator)

met on _____ to review and discuss the standards and documentation requested by this form.
(Date)

_____ (Signature of NFP Teacher) _____ (Signature of Diocesan NFP Coordinator)